

THE CHRISTIAN SCHOOL AT CASTLE HILLS

PRESCHOOL MENU | JANUARY 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			Hamburger Tater Tots/ Corn	Cheese Pizza Baby Carrots/Fruit
			Snack: AM: Blueberry Muffins PM: Pretzels w/ juice	Snack: AM: Applesauce w/ Graham Crackers PM: Veggie Straws/ Juice
PopCorn Chicken Mashed Potatoes/ Gr. Beans Or Turkey Cheese Sandwich	Hamburger Tater Tots/ Corn Or Cheese Sandwich	Cheese Pizza Baby Carrots/Fruit Or Cold Deli Tray	Cheese Ravioli Fresh Veggies/ Breadstick Or Turkey Cheese Sandwich	Mini Corn Dogs Mac & Cheese Peas & Carrots Or Cold Deli Tray
Snack: AM: Bagels w/ jelly PM: Apple Wedges/ Crackers	Snack: AM: Blueberry Muffins PM: Pretzels w/ Juice	Snack: AM: Go-gurt/ Rice Cakes PM: Fruit w/ Crackers	Snack: AM: Mini Pancakes w / Fruit PM: Jello w/ Fruit	Snack: AM: Banana/ Cereal PM: Animal Crackers/ Juice
French Toast Sticks Lil Smokies / Diced Potatoes Glazed Carrots Or Turkey Cheese Sandwich	Meatballs w/ Light Gravy Mashed Potatoes/ Green Beans Or Cheese Sandwich	Fish Sticks Buttered Corn / Cornbread Or Cold Deli Tray	Penne Pasta with Meat Sauce/ Garden Salad/ Garlic Breadstick Or Turkey Cheese Sandwich	Mac & Cheese w/ Diced Ham Peas & Carrots Or Cold Deli Tray
Snack: AM: Cinnamon Raisin Bread PM: Goldfish/ Fruit	Snack: AM: Cereal w/ Juice PM: Cheese/ Crackers	Snack: AM: Yogurt/ Berries PM: Fruit w/ Crackers	Snack: AM: Waffles w/ Fruit PM: Pretzels w/ Juice	Snack: AM: Bagels w/ Jelly PM: Vanilla Wafers/ Fruit
MARTIN LUTHER KING DAY	Hamburger Tater Tots/ Corn Or Cheese Sandwich	Cheese Pizza Baby Carrots/Fruit	Spaghetti w/ Meat Sauce Fresh Veggies/ Breadstick Or Turkey Cheese Sandwich	Hot Dog Tater Tots / Steamed Corn Or Cheese Sandwich
	Snack: AM: Cereal w/ Juice PM: Cheese Sticks/ Fruit	Snack: AM: Blueberry Muffins PM: Apple Wedges/ Crackers	Snack: AM: Yogurt/ Berries PM: Fruit w/ Crackers	Snack: AM: Applesauce/ Graham Cracker PM: Wheat Thins / Juice
Chicken Nuggets Mashed Potatoes/ Gr. Beans Or Turkey Cheese Sandwich	Turkey Sloppy Joes Tater Tots / Corn Or Cheese Sandwich	Cheese Quesadilla Spanish Rice w/ Peas & Carrots	Penne Pasta with Meat Sauce Garden Salad/ Garlic Breadstick	Cheese Pizza Baby Carrots/Fruit Or Cold Deli Tray
AM: Bagels w/ Jelly PM: Apple Wedges/ Crackers	AM: Cereal w/ Juice PM: Cheese Sticks/ Fruit	AM: Cinnamon Raisin Bread PM: Goldfish w/ Fruit	AM: Waffles w/ Fries PM: Teddy Graham/ Juice	AM: Banana/ Cereal PM: Animal Crackers/ Juice

MENUS ARE SUBJECT TO CHANGE DUE TO THE AVAILABILITY OF FOODS AND EMERGENCY SCHOOL CLOSINGS